



Recovery News

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Welcome!

Next Week:

**Lesson on
Inventory!**

**Not in a Step
Study?**

Please sign up at the **book table** to join the next Men's or Women's Step Study!

Recovery Rides

If you are interested in offering rides or know someone who can't come to CR because of transportation, contact us at 803-542-4014. If you join our rides program as a driver, you will be compensated for your milage and time.

Men's Step Study

Join Bob and Luke starting May 5th from 2-4pm in Modular 1. Sign up at the book table if interested.

Recover the Core 2024

- C** - Christ at the center.
- O** - Overcoming obstacles.
- R** - Redeeming regrets.
- E** - Establishing connections.

Women's Step Study

Join Cindy and Marsha starting May 2nd from 10:30am-12pm in FH room 208. Sign up at the book table if interested.

Movie Night

On May 18th at 7pm come watch The Blind at First Baptist. Popcorn and snacks provided.

Newcomers:

- Room 208

Men Addictions:

- Modular 7 & 8

Men A-Z:

- Room 211-212

Men Integrity:

- Modular 1

Woman A-Z:

- Conference Room

Women Behavioral

Addiction:

- Room 203

Women Codependency:

- Room 202

Women Trauma &

Addiction:

- Room 206

Questions:

1. What did you relate to in tonight’s testimony?
2. What triggers do you need to be aware of in your recovery?
3. What can you implement into you inventory process that you heard shared tonight?

Tuesday Meals

First Tuesday each month at 6pm! Free the first time then \$4!

Recovery

Recharge

Click [HERE](#) for Previous Recharges!



Celebrate Youth

Teens dealing with hurts & habits!



Celebration Place

Childcare available for infant-1st grade and 1-5th grade!



Small Group Guidelines

- Keep your sharing focused on your own feelings. Please limit your sharing to 3-5 minutes.
- There will be no cross talk. Cross talk is when two individuals engage in a dialog, excluding all others. Each person is free to express their feelings without interruption.
- We are here to support one another, not fix another.
- Anonymity and confidentiality are basic requirements. What is shared in the group stays in the group.
- Offensive language has no place in a Christ centered recovery group.