



We have returned from vacation land, rested, relaxed and I am ready for our medical mission trip to Costa Rica (August 8-13). We have a team of 15 going. We will see over 3000 people of whom the Gospel will be shared and we will leave a list of names and contact info with the pastor in the village for follow up. We look forward to giving you a good report when we return. Thanks for praying.

Brooks Anderson (Pastor to students and college and career) will deliver the final message in our series, "Monsters Inside of Me, Eaten Up with Anxiety." Did you know that Brooks met Sadie in August 2007 at the church they were both serving? Sadie was a 5th grade math teacher and Brooks was headed to seminary. They were married a year and half later in January 2009 (after 6 months of Brooks wooing her and she not wanting anything to do with him). They have one daughter and three boys; Charlee, Cannon, Branch and the newest addition 2 week old Haddon. Brooks has a fear of horses and is allergic to grass. Both Brooks and Sadie love ministry and pursuing Jesus.

**Ralph Schneck, Lead Pastor** Follow me on Twitter...  
 ralph@fblex.org | ext. 103 @RalphSchneck

9:00 AM Celebration Service  
 10:30 AM Contemporary Service

*Please help us create an atmosphere for worship...*

- Take a moment to silence your mobile devices.
- We have a safe and loving environment for your children where they can learn about God. Take advantage of our Preschool & Children's Ministry.
- For security purposes, no backpacks or large diaper bags in the Sanctuary.

**New to FBLEX?**

**How to become a Member**

Before joining FBLEX, we ask that you attend our "Discovery Class." In this class you will become familiar with our history, beliefs and different ministries. **September 16 in the Student Center Conference Room. One day class from 9:00 - 11:45 AM. Sign up at fblex.org.**

**Small Groups - Join One Today**

This summer for 6 weeks we will be offering large group sessions located in the Student Center from our very own counseling staff. These sessions will be an in-depth look at our sermon series, "The Monsters Within Us." This week is "Eaten Up with Anxiety" taught by Reid Wood.

Church wide study through James, "Faith Lift" begins September 9 and continues through October 14.

**See A Red Shirt?** Stop by and meet with our friendly staff at **Connection Point** in the Lobby. We can also be reached at (803) 957-0686 Ext. 115 or Reynold@fblex.org

**Wednesday Nights at FBLEX**

Jr./Sr. High - the Fallout (Student Center) ..... 6:30 PM  
 Adults - Bible Study (Fellowship Hall)..... 6:30 PM  
 Choir & Orchestra Rehearsal (Worship Center) ..... 6:30 PM

**MONSTERS INSIDE OF ME**

**"EATEN UP WITH ANXIETY"**  
 9 & 10:30 AM in the Student Center



Reid Wood, MA, LPC

Join Reid Wood as he speaks on the driving force behind anxiety, how clinical anxiety is assessed, and how you can turn your what ifs into even ifs!



**Men's BREAKFAST**  
 SATURDAY August 18 @ 8AM

- HOT BREAKFAST ◦
- GUEST SPEAKER: COREY MILLER, WACH FOX SPORTS ANCHOR & FORMER GAMECOCK & NFL PLAYER
- TICKETS ONLY \$5
- FIRST BAPTIST CHURCH OF LEXINGTON ◦
- TICKETS AVAILABLE AT THE DOOR ◦
- KIDS EAT FREE! ◦



GUEST SPEAKER: COREY MILLER



**"Seaside Escape" Ladies Retreat**

ONLY 10 SPACES REMAIN for our retreat at the St. Christopher Camp & Conference Center in Seabrook Island, SC!!! Dates are Thursday, September 27 - 29. Registration is available online via Realm. For additional details, reference fblex.org/Ministries/Adults/FBlex Women. We will be in the foyer selling remaining spots beginning August 19!



**Protecting Our Future**

There will be a Protecting Our Future class on Sunday, August 12th. A refresher will be taught at 9 AM in Green Room 2. A full course for those who have never taken a class will be offered in the Route 66 kitchen at 10:30 AM. This is for anyone working with ages 0-18.



**What's Up With MAN CAVE?**

Bible Study, Monday at 7 PM in Modular 5.

**MAN UP ADVENTURE WEEKEND** at Hickory Knob State Park on May 17-18, 2019. Save the date. Details coming soon!

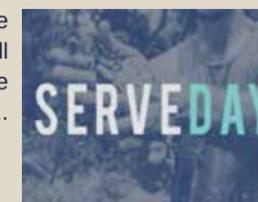
**MAN UP Tee Shirts** are available to order at the MAN UP Kiosk in the Worship Center Lobby.

**Spotters:** 2 Corinthians 9-13



**Love on Lexington Day**

Mark your calendar, on September 30 we will move outside the walls of FBLEX. We will worship in the seats and then worship in the streets. Be on the lookout for your next project... faith in action!



**Celebrate Recovery**

Come join us as we work on life's hurts, hand-ups, or habits. We offer a Christ centered 12 step program every Tuesday night. Dinner will be served at 6 PM and large group will begin at 6:45 PM. Don't Struggle Alone!

*Please visit our Celebrate Recovery table in the Lobby for more information on our program.*



**Cafe' Wednesday**

Wednesday Bible Study 10:30 AM (Student Center) and 6:30 PM (Fellowship Hall)

Sermon this week is the Message of the Messiah.



**SQUEAL on a SINGER!**

If you hear someone beside you that can sing, "squeal" on them and drop it in the offering plate

Choir Prospect NAME

Choir Prospect PHONE

HOW DO YOU KNOW THEM?

**Celebration for Ladies**



**UPLIFT**

A group for encouragement and support for those with MS and other chronic illnesses. Join us for light refreshments and an encouraging word from scripture! Looking to start in September. If interested, email Scheri Force at scheri@fblex.org or call (803) 957-0686

**Prayer Need?**

If you have a pressing prayer need, fill out a prayer card (pew pocket) and place it on the altar at the invitation. The prayer team will lift your request to the Lord. If you would like to be a part of the prayer team, email Noel Fields (fun4fields@aol.com).

### Connect Card

Please complete this form and place it in the offering plate or bring it to Connection Point to receive a gift of chocolate covered pecans.

I/We attended worship at:

9:00 AM  10:30 AM

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Sub-division: \_\_\_\_\_

Phone (home): \_\_\_\_\_

His: Date of Birth: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Hers: Date of Birth: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Email: \_\_\_\_\_

#### Children's Information:

Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Grade: \_\_\_\_\_

Did your children attend with you today?

Yes  No

Please check all that apply:

First-time Guest  Returning Guest

Regular Attender  FBC Member

Visiting Family/Friends

New to the Community

Looking for a New Church Home

Married  Single  College

How did you hear about us? \_\_\_\_\_

I would like information about:

Beginning a relationship with Christ

Baptism

Membership at FBC/Discovery Class

Life/Home Groups



### Hope & Healing

A support group for women going through sexual betrayal in a relationship. Have you been hurt by a partner's use of pornography or infidelity? If so, then this group can be a place of healing and support for you. This will start in September. If interested, contact Casey Hill at 803-240-8957 or hillfamily2006@gmail.com.

### Volunteers Needed

The kitchen crew at FBLEX is looking for 2 new team members to join them and help with Wednesday evening meals. If you are willing to help in one or more areas (meal prep, serving or clean up), please contact Marilyn Shafer at 803-446-9486 or ittybittylady1@gmail.com

### Now Hiring

The After School Program is in need of a driver and 2 counselors for K5-5th grade, and one counselor for our Middle school program. Driver must be 21 years or older. Hours are 2 - 6 PM with some additional hours on early dismissals. If you are interested, contact Kelly Wyatt at kelly@fblex.org or 803-309-2033.

### Blood Drive

American Red Cross Blood Drive, Thursday, August 23rd from 10 AM – 3 PM in the Fellowship Hall. To schedule an appointment, please log onto www.redcrossblood.org and enter sponsor code: fblex

### Grief Share

Grief Share continues today, (Modular 2 from 5 - 7 PM) This is for anyone who has lost a loved one and is dealing with grief. Childcare will be provided upon request. For more information contact Lewis Matthews at lewistennisnut@sc.rr.com

### Weekly Update

#### Last Week's Attendance:

Worship AM.....790

Life/Home Groups.....281

First Time Guests.....11

#### Last Week's Giving:

General Fund ..... \$26,945.09

Budget Goal to date..... \$1,020,000.00

Giving to date ..... \$1,027,009.54

Missions ..... \$1,331.00

Missions Budget Goal to date..... \$120,000.00

Missions Budget Given to date..... \$122,485.20

### Message Series: "Monsters Inside of Me" Today's Sermon: "Eaten Up with Anxiety"

Matthew 6:24-34

\_\_\_\_\_ : Do Not Be Anxious

.vs 25, "Therefore I tell you do not be anxious."

.vs 27, "And which of you, being anxious, can add a single hour?"

.vs 28, "And why are you anxious about clothing?"

.vs 31, "Therefore do not be anxious."

.vs 34, "Therefore do not be anxious about tomorrow."

\_\_\_\_\_ : Affects Our Emotions

~ Seek first the \_\_\_\_\_ of God.

~ Seek \_\_\_\_\_ Righteousness.

Three Great Truths:

1) God is \_\_\_\_\_.

2) God is \_\_\_\_\_ **Romans 8:28**

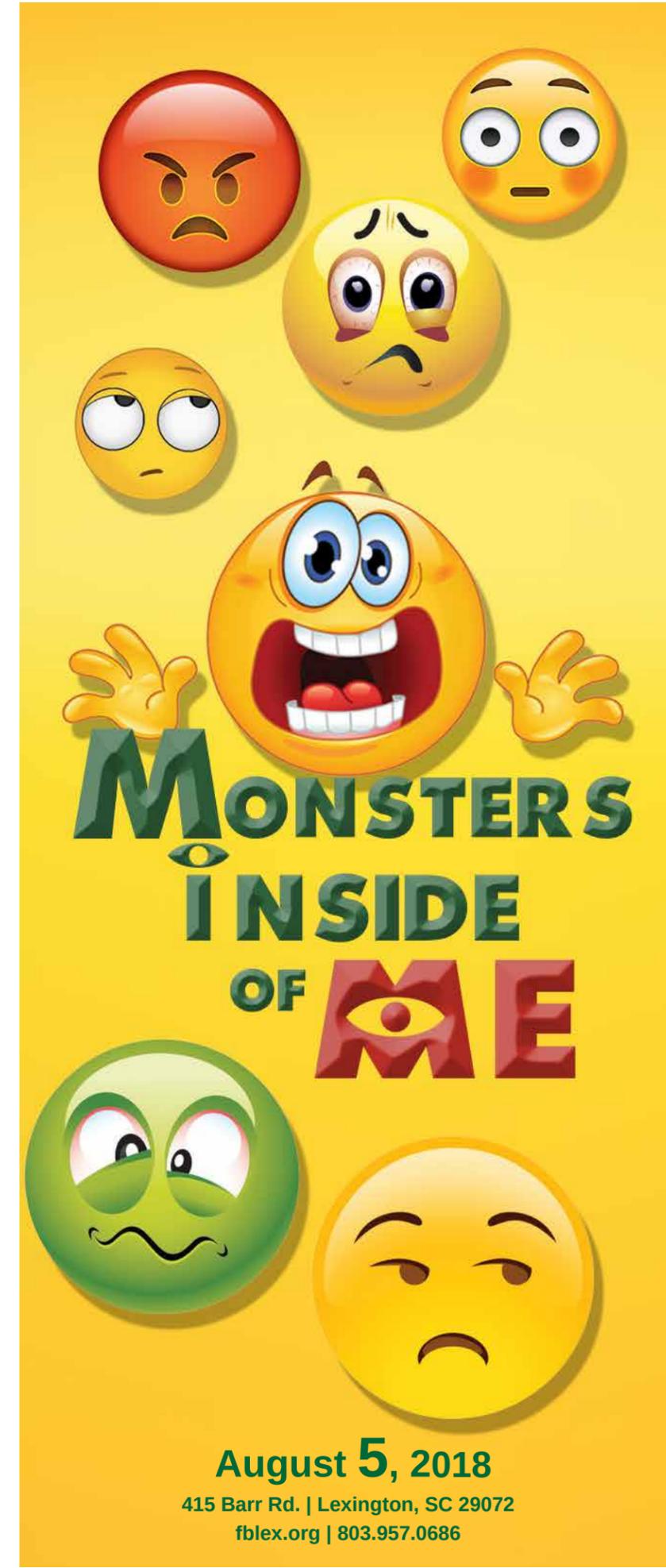
3) God is \_\_\_\_\_ **Isaiah 41:10, Philippians 4:5-8**

~ Do Not Be Anxious ~

**Next Week: Missions Sunday.** We will focus on the transforming power of the Gospel, as we hear from some of our FBLEX missionaries and hear what God has been doing. Our guests will be Andy & Lorna Gilbert from Japan, Grant & Rebecca Skelton in Hong Kong and Christi Farley, our campus missionary at USC with CRU. Come ready to hear how the Gospel is changing lives near and afar!

Listen to sermons online at [fblex.org/resources](http://fblex.org/resources)

OUR PURPOSE  
LOVING AND LIVING FOR GOD



August 5, 2018

415 Barr Rd. | Lexington, SC 29072

[fblex.org](http://fblex.org) | 803.957.0686